



TILAK MAHARASHTRA VIDYAPEETH (TRUST)
LOKMANYA TILAK COLLEGE OF PHYSIOTHERAPY
RECOGNIZED BY MAHARASHTRA STATE COUNCIL FOR OCCUPATIONAL THERAPY
AND PHYSIOTHERAPY, MUMBAI
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**REPORT OF “AN EDUCATIONAL PROGRAMME FOR INFLAMMATORY
ARTHRITIS PATIENTS’ ON OCCASION OF WORLD PHYSIOTHERAPY DAY
2023”**

On 11th of september 2023, Musculoskeletal physiotherapy department organised a program on ‘AN EDUCATIONAL PROGRAMME FOR INFLAMMATORY ARTHRITIS PATIENTS’ ON THE OCCASION OF WORLD PHYSIOTHERAPY DAY 2023 at Lokmnya Tilak college of physiotherapy seminar hall from 11am to 1pm. The program included the teaching, non teaching staff, 3rd BPTH students, interns and patients suffering from arthritis. A total of 25 arthritis patients attended the program. The department invited resourse person Dr Reena Karkhele , a consultant rheumatologist, for the program and Ms Uma Maheshwari, psychological counsellor for the program..

The program started with Saraswati vandana which was sung by 3rd BPTH student Swarnima roychoudhary and flower garlands were put on saraswati statue and Tilak statue by Dr reena karkhele. Anchoring was done by Dr Anushree Gawde and welcome speech was given by Dr Deepali Rathod. Felicitation of our Guest was done by DrSibi Joseph. Following which Dr Reena Karkhele was a presentation and speech on inflammorty arthritis. After which Dr Sibi Joseph gave a presentation and lecture on importance of physiotherapy in inflammatory arthritis to the audience. Dr Deepali Rathod presented videos with narrative about different exercises deomnstration and daily changes/adaption to be done by the patients. LTCOP OPD flyers were distributed to all patients present there.The program ended with Ms uma maheshwari’s speech and presentation on mental health and it’s relation to inflammatory arthritis.

The thank you note was conducted by Dr Anushree Gawde, following which photographs were taken with the teaching, non-teaching faculty, 3rd BPTH students, our guests and interns. Following the program lunch was arranged in our college canteen for teaching, non-teaching staff,guests and patients.

Dr. Shweta S. D. Phadke

Professor & Principal

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